

Highfield Level 2 Award in Introduction to Mental Health Awareness (RQF)

Who is this qualification for?

The objective of this qualification is to prepare learners to progress to a qualification in another subject area and/or to give learners personal growth and engagement in learning, specifically in relation to understanding the basic principles of mental health.

Assessment Method

This qualification is assessed by multiple-choice examination, which will be marked by Highfield.

How long will it take?

The total qualification time (TQT) for this qualification is 5 hours and of this 4 are recommended as guided learning hours (GLH).

Learners must complete the one unit contained within the mandatory group.

Mandatory group

Learners must achieve:

Unit reference	Unit title	Level	GLH	Credit
K/617/8367	Introduction to mental health, mental ill health and wellbeing	2	4	1



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